



The All One Foundation



TEXAS THERAPIST SAYS SYDNEY TRAINING IS UNIQUE

Barbara L

Barbara L from Carrollton, Texas, a therapist with 15 years' experience, currently working with the psychologically disturbed people of the North Texas Psychological Services Institute, has great faith in the Sydney 'OPENINGS' training run by Mr. Adam Davis. So much so, that she brought a client with her from Texas to participate in the program.

The effects on her client, a Dallas business-woman, and her own positive experience since she took the training herself, have convinced Mrs L that 'OPENINGS' should be made available to schools, businesses and the helping professions.

Mrs L said, "Our society has a lack of balance, there's an over-emphasis on intensity – it doesn't matter what type of intensity – and because of this we are losing ourselves, we're not taking the time to listen. There's nothing like 'OPENINGS' in the States because it provides the opportunity for people to lift their own emotional blocks and self-defeating behaviour – people don't want to walk around with the ho-hums of the brain or the 'I can't's or the victimisation. During the training people actually let go of their destructive patterns".

Mrs L became aware of the Sydney Training after one of her clients, who had been undergoing therapy for months, had completed 'OPENINGS' in Dallas, Texas. She said, "There was such an aliveness in her face and body, the training had visibly done so much good, that I decided to find out more about it".

Speaking in a soft voice with a great deal of thought, Mrs L said, "I've done an awful lot of personal growth workshops, including EST(Forum, Landmark Education), Bioenergetics and a course with Carl Rogers, and there has been nothing that even comes close to what I experienced in Sydney". Mrs L was not surprised that such an innovative training had originated here. "I view the Australian people as the people who have a heart. Many people in the USA are head people. But I noticed that here there is willingness for people to co-operate. If I had a problem on a tour, or I was confused, people would always stop and talk and help if they could. To me that shows a people who care and do have their hearts open". After an interesting and enjoyable stay in Sydney, where she had the opportunity to work with Australian clients in an advanced training with Adam Davis, Mrs L rejoined with her family in Texas.

Meanwhile, Mr. Adam Davis' 'OPENINGS' trainings are attracting more and more participants. Probably the most significant difference between 'OPENINGS' and many of the personal and spiritual growth workshops currently available is its gentle, non-confronting approach.

On request the Sydney-based training has been taken to the UK, South America, the USA and New Zealand.

Barbara L

Therapist, Texas

